



**Wednesday, May 22nd  
11 a.m. - 12:30 p.m.**

**GET YOUR  
“PLAN B”  
IN  
ORDER...**

**Because life can change  
In a split second!**

**We ALL NEED a back-up plan,**  
most especially if we are living alone or if we are a caregiver for someone.  
Creating a checklist of legal, practical and functional items to have prepared  
can make an emergency a difficult situation

**Instead of a CRISIS!**

**RSVP: 480-203-8548**  
[elaine@successfulagingaz.com](mailto:elaine@successfulagingaz.com)  
or sign up at the Front Desk

**Pyle Adult Recreation Center**  
655 E. Southern Ave. | Tempe, AZ | 85282

**Bring your lunch and join us**

**Presenter: Elaine Poker-Yount.** Elaine is an aging and dementia care specialist, educator and family advocate for being prepared as we age. Elaine is the owner of Successful Aging Az, produces family conferences on aging and dementia care, writes a monthly column for the *Arizona Republic*, Chairs the Memory Café in Sun Lakes and Co-Chairs Dementia Friendly Sun Lakes.



**Sponsored by**

