

Visiting Angels East Valley and Successful Aging AZ Present:

# DEMENTIA CARE WITHOUT THE FIGHT

How to Become a Better Care Partner



TEEPA SNOW

INTERNATIONAL DEMENTIA  
EXPERT AND EDUCATOR

successful  
AGING

► Dementia edition

Wednesday, March 29, 2023

9:30 a.m. - 3:30 p.m.

Sun Lakes United Methodist Church  
9248 E Riggs Rd, Sun Lakes, AZ 85248  
Free for Families Living with Dementia  
\$75 Professionals  
\$95 includes NCIA CE Credits  
RSVP on Eventbrite

## Becoming a Better Care Partner and Creating Connection

How to do tasks 'WITH' instead of 'FOR' our care partner.

Join Elaine Poker-Yount, CDP and PAC™ Trainer, as she walks you through the steps to becoming a better care partner. In this morning session, you will learn how to better assess different situations, as well as learn to connect more intimately, and meet your partner where they are in the journey.

Positive  
Approach®  
to Care  
[www.TeepaSnow.com](http://www.TeepaSnow.com)

Teepa will spend the afternoon role playing the everyday difficult situations that can challenge our routines and patience. Watching and learning how to think creatively as a caregiver provides new possibilities for us to meet our clients and loved ones with options their brain can process more effectively.

### Challenges we will address include:

- "I want to go home."
- "Why do you keep stealing my stuff?"
- Inaccurate Perceptions and Hallucinations
- Distressed behaviors and Insecurities

SEATING IS LIMITED! REGISTER TODAY!



RSVP: 480-203-8548 or email: [elaine@successfulagingaz.com](mailto:elaine@successfulagingaz.com) | For more information, visit [SuccessfulAgingAZ.com](http://SuccessfulAgingAZ.com)