



Has this ever happened to you or someone you know?

An unexpected fall ... an unexpected consequence?

A diagnosis that has rocked your world?

Caring for family and can't keep up?

The sudden death of someone close?

You KNOW you need to get paperwork in order.

Things feel like they're spinning out of control and you just need a little direction?

You just don't know what to do first!



Sun Lakes Coalition of Care Invites you to...

FINDING THE KEYS TO MOVING FORWARD

Providing a checklist of what you need to have in place to keep a change from becoming a crisis

REGISTER TODAY

Thursday, August 18th, 1:00 - 2:30 p.m.

Sun Lakes United Methodist Church

SEATS ARE LIMITED RSVP to 480-203-8548

or email: elaine@successfulagingaz.com

We've seen over and over that the smallest change can lead to a crisis. Successful aging is a process; finding the keys is a journey. The first step is your buy-in and commitment to the process.

Without that, moving forward isn't possible.

Join Elaine Poker-Yount, CDP and Aging Advocate as she helps you navigate what comes next.

